Journal title

Concise Article Title

Author names: First name A Last name ¹,² , First name B Last name ²,³ and First name C Lastname¹,²

Affiliation:
¹ Department, Institute, City, Country
² Department, Institute, City, Country

Example: Department of Medicine, University of Toronto, Toronto, Canada

*Corresponding author:
Firstname A Lastname, Designation, Affiliation, ZIP/Post code. Tel/Fax: E-mail:

Abstract
A concise and factual abstract is required (maximum 350 words). The abstract should state briefly the purpose of the research, the principal results and major conclusions. An abstract is often presented separately from the article, so it must be able to stand alone. For this reason, References should be avoided, but if essential, then cite the author(s) and year(s). Also, non-standard or uncommon abbreviations should be avoided, but if essential they must be defined at their first mention in the abstract itself.

Keywords: Define the scope of the topic

Abbreviations: Define abbreviations that are not standard in this field in a footnote to be placed on the first page of the article. Such abbreviations that are unavoidable in the abstract must be defined at their first mention there, as well as in the footnote. Ensure consistency of abbreviations throughout the article.

Introduction
State the objectives of the work and provide an adequate background, avoiding a detailed literature survey or a summary of the results, with no subheadings, figures may be included if necessary only.

Material and Methods
A complete explanation of the procedure followed and design of the study, along with materials utilized in the study, with the details if any modifications has been done in the already published procedures. It may be divided into headed subsections if several methods are described.

Results and Discussion
Results should be clear and concise and Discussion should explore the significance of the results of the work, do not repeat them. Avoid extensive citations and discussion of published literature. Results and discussion can be presented in one combined section or separately with headed subsections

Conclusions
The main conclusions of the study should clearly explain importance and its findings, which may be presented in a short Conclusions section, which may stand alone or form a subsection of a Discussion or Results and Discussion section.

Acknowledgements
Collate acknowledgements in a separate section at the end of the article before the references and do not, therefore, include them on the title page, as a footnote to the title or otherwise. List those individuals who provided help during the research (e.g., providing language help, writing assistance or proof reading the article, funding acknowledgement etc.).
References

Citation in text

Every reference cited in the text should be also present in the reference list (and vice versa) please ensure it before submitting. It is highly not recommended unpublished results and personal communications in the reference list; it can be mentioned in text if required. If these references are included in the reference list they should follow the standard reference style of the journal. Citation of a reference as ‘in press’ implies that the item has been accepted for publication. References will be reformatted by our editorial staff there is no need to adhere to a specific style for reference but make sure all the details in each reference is complete and accurate.

Citation Format

Kindly avoid inline references in the body text of the manuscript, assign a number for each reference and cite the same in reference section of the manuscript. The format of the references to be followed is: Author names (up to 5 author names (and Last author name separated with and) and more than 5 should be written as et al.), followed by Title of the article then year in brackets and then the journal short name and at last volume number and page numbers separated by colon (:). Few examples are provided below please follow them.


Web references

We request to provide full URL along with date of it’s publishing in references. Information like DOI, author names, dates, reference, etc. can be provided if known. Web references should be listed separately or it can be included in the reference list.

Advice on Tables

Every table must have a Table Caption and, if numerical measurements are given, the units should be included in the heading. (See Table 1). Tables should be cited in the body text.

<table>
<thead>
<tr>
<th>Variable</th>
<th>Values</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>2440</td>
</tr>
<tr>
<td>Age (years)</td>
<td>56.8 ±15.6</td>
</tr>
<tr>
<td>Gender</td>
<td></td>
</tr>
<tr>
<td>Male</td>
<td>875 (35.9)</td>
</tr>
<tr>
<td>Female</td>
<td>1565 (64.1)</td>
</tr>
<tr>
<td>HbA1c (%)</td>
<td>7.7 ±1.9</td>
</tr>
<tr>
<td>25-hydroxyvitamin D (nmol/L)</td>
<td>57.2 ±29.9</td>
</tr>
<tr>
<td>Vitamin D deficiency</td>
<td>1160 (47.5)</td>
</tr>
</tbody>
</table>

Table 1: Patient characteristics (mean ± standard deviation or number (%)).
Advice on figures
At the point of submission all figures should be cited in the body text in an order with proper figure captions. Author can cite the figures near to where they are first cited.

Figure 1: Ashinaka (half foot training footwear) which was made by the authors.

Advice on Equations
Equations should be referred to as Equation 1 in the body text. Microsoft Word’s equation tool is acceptable, rather than as an image format and should be numbered in round brackets, on the right-hand side of the page.

\[ l[p(Y = 1/S)] = \frac{\psi_r - C}{\tau} \]  \hspace{1cm} (1)

Conflicts of Interest
Authors must state that there is no conflict of interest among the coauthors in their submitted manuscripts and regarding the publication, financial gain. This section is mandatory to proceed the publication process further.

Supplementary Materials
If Supplementary Materials are provided like audio, video or others are described here, final Supplementary files are published along with the article.

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Here is the list which can be helpful for complete submission, please make sure all the items provided below are included in the submission. For any assistance during submission please mail us at editor@edelweisspublications.com

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One author has been designated as the corresponding author with contact details.

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• Full postal address of corresponding author.

All necessary files have been uploaded, and contain
• Keywords
• Abbreviations
• All figure along with captions
• All tables (including title, description, footnotes)
Further considerations

• Manuscript has been 'spell-checked' and 'grammar-checked'.
• References are in the correct format for this journal.
• All references mentioned in the Reference list are cited in the text, and vice versa.
• Permission has been obtained for use of copyrighted material from other sources.

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