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## Drug Release Studies of SC-514 PLGA Nanoparticles

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### Abstract

A major problem associated with prostate cancer treatment is the development of drug resistance. The development of drug resistance often leads to prostate cancer metastasis and prostate cancer-targeted drug delivery systems can be utilized to address this problem. Traditional drug delivery systems have many challenges, including the inability to control the drug release rate, target site inaccuracy, susceptibility to the microenvironment, poor drug solubility, and cytotoxicity of chemotherapeutics to non-malignant cells. As a result, there is an urgent need to formulate and functionalize a drug delivery system that better controls drug release. This study was designed to quantify the release of SC-514 from SC-514 Polylactic-Co-Glycolic Acid (PLGA) nanoparticles and conjugate SC-514-PLGA coated nanoparticles with the NF- $\kappa$ B antibody, as well as fats. This study further explored new methods to quantify the release of SC-514 drug from the SC-514-PLGA coated nanoparticles after utilizing Liquid Chromatography-Mass Spectrometry (LC-MS) as the standard method to quantify SC-514 drug released. After quantification was completed, cell viability studies indicated that the ligand conjugated nanoparticles demonstrated a considerable ability to reduce tumor growth and SC-514 drug toxicity in the PC-3 cell line. The prepared drug delivery systems also possessed a significantly lower toxicity ( $P < 0.05$ ), bettered controlled-release behaviors in prostate cancer, and increased the solubility of SC-514 in comparison to free SC-514. SC-514 released from SC-514-PLGA, SC-514-PLGA-NF- $\kappa$ BAb, and SC-514-PLGA-Fat nanoparticles, significantly inhibited tumor growth when compared to that of free SC-514. The anti-cancer therapeutic effects of SC-514 were improved through the encapsulation of SC-514 with a PLGA polymer. The functionalized SC-514-PLGA nanoparticles can further control burst release. The new methods utilized in this study for quantifying drug release, may prove to be as effective as the current standard methods, such as LC/MS.

**Keywords:** Drug, nanoparticles, Drug resistance, Drug release and Biomaterials.

**Abbreviations:** PLGA- Polylactic-Co-Glycolic Acid, LC-MS- Liquid Chromatography-Mass Spectrometry, EPR- Enhanced Permeability and Retention, PC- prostate cancer, MDR- Multidrug Resistance.

### Introduction

Poly lactic-co-glycolic acid, referred to as PLGA, is one of the most successfully used biodegradable polymers used in controlled drug delivery systems [1-4]. Over the past 50 years, the development of biodegradable polymers has represented a revolution in medicine and has led to significant biotechnological advancements for drug delivery, biomaterials, tissue engineering, and medical device development. The development of these biodegradable polymers has been made possible through a unique collaboration between chemists, engineers, biologists, and physicians. One of the major driving forces for the development of polymeric drug delivery platforms has been the necessity of improving cancer therapeutics. Currently, anti-cancer drugs have short half-lives, nonspecific drug distribution throughout the body, and acute toxicity to non-malignant cells [5].

For the treatment of prostate cancer, controlled-release nanodrugs delivery platforms have substantial advantages, compared to conventional treatments, because they can overcome

pharmacological limitations such as drug resistance. Polymeric NP drug delivery systems possess the capacity for localized and sustained drug delivery, as well as the ability to improve the therapeutic index of various drugs. The numerous therapeutic advantages of polymeric drug delivery platforms can be attributed to their versatile nature and ability to control drug release [6-8].

A common endeavor in nanomedicine has been the encapsulation of NPs with PLGA polymer [9]. Polyesters, such as PLGA, have been approved by the FDA and EMA, and are generally well tolerated within the body [10,11]. Due to this, polyesters are the most commonly investigated class of biodegradable drug delivery systems [12]. Much of the current interest in NPs as drug delivery vehicles has arisen from the potential of NPs to increase pharmacokinetic activities and improve the safety profiles of the cargo (therapeutic drugs) in which they encapsulate. Numerous NP delivery system formulations are under clinical evaluation, while several have already been translated into clinical application and are available on the market [13,14]. Many of these nano formulations are being developed for oncological use because NPs



can “passively” accumulate within tumors through a phenomenon known as Enhanced Permeability And Retention (EPR) effect [15]. NPs accumulate through EPR by exploiting defects in the neo vasculature endothelial junctions and impaired lymphatic drainage. Functionalizing the surface of NPs with targeting ligands can further enhance cellular uptake and tumor site retention through a concept known as “active” targeting [16]. NPs are promising new drug carrier systems due to their exceptional biocompatibility as well as their ability to control and sustain the release of drugs [17,18].

The potential to solubilize poorly soluble therapeutic substances, reduce drug toxicity, prolong drug circulation time, control drug release kinetics, improve drug targeting, and enhance therapeutic efficacy through monitored drug delivery, has encouraged the continual expansion of this type of research [19-27]. NPs which possess the correct size, shape, and cell surface properties can systemically circulate for prolonged periods of time, “passively” target cancerous tumors through accumulation using the EPR effect, and locally release the drug to malignant cells [28-34]. NP drug delivery systems have promising potential for reducing the development of Multidrug Resistance (MDR) during prostate cancer treatment through controlled chemotherapeutic drug release at the site of the malignancy [25-27].

The intervention of nanoparticle drug delivery is needed because Prostate Cancer (PC) is the most commonly diagnosed male malignancy in the western world [35]. The development of drug resistance and progression to metastasis are common clinical implications of those who are actively managing PC. For PC to metastasize to distant sites throughout the body, PC cells must first migrate and invade neighboring tissue(s). Malignant cells, including PC cells, can acquire a migratory and invasive phenotype by various means including single cell and collective cell migration. Additionally, a motile, mesenchyme-like phenotype is often required for PC cell migration. To acquire this phenotype, polarity and epithelial characteristics (example, expression of E-cadherin homotypic adhesion receptor) frequently have to be lost as well, mesenchyme phenotypic characteristics (for example, cytoskeletal rearrangements, enhanced expression of proteolytic enzymes and other repertory of integrin's) have to be developed. The entire process is known as the Epithelial-To-Mesenchyme Transition (EMT).

One of the hallmarks of cancer is cellular invasion. Cellular invasion is defined by the movement of cells through a three-dimensional matrix, resulting in cellular environment remodeling. The essential components of cellular invasion are cellular adhesion, proteolysis of the ECM, and malignant cell migration. *In-vitro* studies on the migratory and invasive abilities of cells are useful tools for assessing the aggressiveness of solid tumors, including those of the prostate. The Trans well migration assay (a common *in-vitro* technique used to investigate the migratory behavior of PC cells) was introduced in this study as an alternative method for quantifying the amount of SC-514 released from the SC-514-PLGA NPs.

The NP encapsulation method utilized can influence the amount of drug released and the effectiveness of drug quantification method(s). The methodology and material used for encapsulating poorly soluble, fragile, or toxic compounds is vital for drug delivery. By bettering the efficacy of drug encapsulation in drug carrier particles, stronger therapeutic effect(s) and minimalized negative side effect(s) can be achieved [36]. As a result, examining the potentiality of new encapsulation materials and understanding the various drug-carrier interactions (the interaction between the drug and the encapsulating material) permits the development of new methods. Drug-carrier interactions have the ability to significantly increase the entrapment of the drug and, thus, are of further importance when considering drug design [36].

The construction of drug-controlled delivery systems for the treatment of various diseases, including cancer, is of significant research interest due to their facilitation of high therapeutic efficacy, avoidance of repeated drug administrations, and betterment of patient compliance [37,38]. Many drug-release systems are also sensitive to external stimuli such as temperature, pH, magnetism, or electric fields [39-41]. These Stimuli-responsive drug carriers can release their encapsulated drug in a controlled manner compared to that of conventional drug delivery systems. Drug delivery systems encapsulated with polymers, including PLGA, have demonstrated the capacity for this controlled release performance [42-44]. The solubility of a drug is generally intrinsically related to the drug's particle size - as a particle becomes smaller, the ratio of surface area to volume increases. The larger surface area of small particles allows for greater interaction with the solvent, resulting in increased solubility [45].

Nano therapeutics can be exploited for the delivery of poorly soluble compounds, such as SC-514, through intravenous drug administration. SC-514 is a relatively new, small molecule drug that has potential therapeutic use for the treatment of prostate cancer [46]. However, due to the poor solubility of the compound, SC-514 is classified as a class IV or class II drug, according to Bio Pharmaceutics Classification Systems (BCS) classification [47]. NPs encapsulated with PLGA are potentially compelling delivery systems for optimizing the conditions for SC-514 drug delivery, solubility, and controlled release into tissues and cells, by protecting the drug from oxygen and acids [48]. In this study, PLGA encapsulated NPs were utilized to improve the bioavailability of the poorly water-soluble, SC-514.

NPs that have accumulated at the target site require changes to their drug release rate in order to improve their efficacy [49-51]. When formulating a NP carrier for a drug it is important to consider optimizing drug loading, and quantifying the amount of drug that remain associated with the carrier over various points in time [52]. NP-drug formulation performance is partially dependent on the efficiency of drug loading, which is often determined by the Encapsulation Efficiency (EE), EE is the percentage or fraction of drug that is associated with the NP carrier after particle manufacture and during drug release. The time course of NP drug release is an additional principal factor because it establishes the amount of free drug available over time.

The availability of free drug is essential for therapeutic effect and, occasionally, for modifying the drug's toxicity profile [53,54]. The *in-vitro* drug release profiles (drug loading and drug release efficiency), measured in bio-relevant medium, can provide substantial predictive evidence for *in-vivo* behavior of the encapsulated drug as well as the mechanism(s) of drug release [52,55]. Insight into the mechanism(s) of drug release can further be utilized during formulation parameter optimization to achieve the desired release rate properties, such as NP surface area. Thus, investigating the *in-vitro* drug release kinetics of NP-drug formulations is essential for proper nanoparticle design and *in-vitro-in-vivo* correlations.

The drug release mechanisms of NP carriers can be chosen based on the biological differences between the tumor microenvironment and healthy tissue; These differences include lower pH, lower oxygen levels, increased matrix metalloproteinase enzymatic activity, and variance in NF- $\kappa$ B activation [56,57]. In the tumor microenvironment, NF- $\kappa$ B is the primary transcription factor involved in immune system function regulation and plays a critical role in cancer development and progression [57]. Additionally, NF- $\kappa$ B regulates various biological activities including cell proliferation and differentiation. Activation of NF- $\kappa$ B is correlated with proliferation of hematopoietic stem cells and resistance to apoptosis. These contrasting activities seemingly occur through a



balance of the transcription factor's biological and biochemical functions [58,59]. Furthermore, NF- $\kappa$ B has a well-defined role in oxidative stress as it increases Nitric Oxide (NO) through Inducible Nitric Oxide Synthase (iNOS) activation. Although acute NO production can trigger apoptosis, and the process of iNOS activation is often regarded as part of NF- $\kappa$ B's pro-apoptotic function, the continuous production of NO, due to constant activation of NF- $\kappa$ B, may potentially inhibit apoptosis [59-62].

Up regulation of anti-apoptotic NF- $\kappa$ B target genes have been reported in various types of malignant tumors. Among these genes are, Inhibitors of Apoptosis (IAPs), FLICE-like inhibitory protein (FLIP), and members of the B cell-lymphoma 2 (Bcl-2) family that inhibit apoptosis [63-65]. NF- $\kappa$ B activation has also been associated with the up regulation of enhancers involved in cell proliferation (i.e., Cyclic D1 and Cellular Myelocytomatosis (c-myc)) and cell adhesion molecules, as well as angiogenic factors that enhance malignant cell engraftment (i.e., Inter cellular Adhesion Molecule 1 (ICAM-1) and Vascular Endothelial Growth Factor (VEGF)) [63-68].

Furthermore, NF- $\kappa$ B activation regulates the expression of heme oxygenase-1 (HO-1), a catabolic enzyme that acts on the free heme group [69]. Enhanced free heme catabolism (increased HO-1 activity) has a protective role against apoptosis because free heme is known to cause damage to the lipid bilayer of the cellular membrane [70]. In cancers, the up regulation of HO-1 has been shown to aid in evading apoptosis induced by Tumor Necrosis Factor- $\alpha$  (TNF- $\alpha$ ), as well as apoptosis induced by chemotactic drugs [64]. Due to the implications of NF- $\kappa$ B in cancer cell survival and progression, this study investigated the potential impact of NF- $\kappa$ B signaling pathway activation on PLGA-NP drug release, within the microenvironment of PCa cells. To accomplish this, NF- $\kappa$ B antibodies (conjugant) were conjugated to the PLGA-NP carrier systems.

Another factor utilized to investigate the drug release of SC-514 in this study was fat accumulation around PLGA-NP carrier systems. This was done because obesity is associated with numerous chronic medical conditions and diseases, including prostate cancer. In almost every country where detailed data is available, obesity has become more pervasive [71]. Evidence has suggested that the prevalence of obesity has been increasing for over one hundred years, however, in the United States, there appears to be an accelerated rate of increase beginning around the 1980s [72-76].

Obesity has become an epidemic as one in six American adults were considered to be obese 20 years ago; yet one in three American adults are considered to be obese today [77-82]. The past twenty years of increased obesity prevalence has occurred throughout every age, race, sex, and socioeconomic group, and is correlated to a decrease in physical activity and an increase in poor dietary consumption [83-84]. Further, fat deposition has been suggested to influence bioavailability and effect drug release in the tumor microenvironment [85-86]. Due to this, the potential impact of fat accumulation on the drug release profile of SC-514 from SC-514-PLGA-Fat NPs was investigated in this study.

Surface modification of nanoparticles is a key requisite for extending circulation half-life and promoting localization. For example, nanoparticles coated with a highly cationic polymer have been used to enhance cellular uptake or open intercellular tight junctions [87,88]. Folate receptors over-expressed on the surface of malignant human cells were targeted by grafting foliate on the surface of nanoparticles [19]. Studies revealed that the nanoparticles attained a 10-fold higher affinity for the surface foliate binding protein than free foliate [89]. Researchers reasoned that the multivalent form of foliate on the nanoparticle surface interacted strongly with foliate receptors, which are often present in clusters on the surface of cancer cells, like the clustering of ICAM-1 during T-

cell adhesion. Finally, research efforts are ongoing to improve nanoparticle performance *in-vivo* by extending nanoparticle circulation and limiting interaction with blood constituents [90] and *in-vitro*. However, it is not well understood how the kinetics of such a drug delivery system will proceed [17] especially with SC-514 loaded PLGA nanoparticles and conjugation of SC-514 loaded PLGA nanoparticles with other molecules such as NF-KBAb and Fat. This conjugation may alter the Encapsulation Efficiency (EE) and the drug release profile.

The measurement of both EE and *in-vitro* drug release from colloidal particles typically requires methods for the rapid physical separation of particles from their surrounding dispersion medium to enable real-time determination of the proportion of free drug. For large particles this may be achieved by a simple filtration approach. However, separation can be challenging for nanoparticles due to their small size [91]. Most methods for the measurement of encapsulation and *in-vitro* release separate the particles from the medium in which they were dispersed and rely on the quantification of the 'free' fraction of drug to indirectly measure the nanoparticle-bound fraction. Numerous methods for the separation of free and nanoparticle-associated drug are dialysis-based methods, ultracentrifugation, centrifugal ultrafiltration and pressure ultrafiltration [91-96].

After SC-514 was released from SC-514-PLGA nanoparticles, Liquid Chromatography-Mass Spectrometry (LC-MS) was utilized as the standard method to quantify the SC-514 drug released from SC-514-PLGA nanoparticles. Liquid chromatography-tandem mass spectrometry (LC-MS/MS) has seen enormous growth in routine toxicology laboratories. LC-MS/MS offers significant advantages over other traditional testing, such as immunoassay and gas chromatography-mass spectrometry methodologies. Major strengths of LC-MS/MS include improvement in specificity, flexibility, and sample output when compared with other technologies [97]. The LC-MS/MS steps usually involve reverse-phase chromatography using bonded phases and methanol-water gradient solvent systems, since these are more compatible with the mass spectrometry steps [98]. This current study explored other inexpensive methods such as colony assay, wound healing assay, and trans well migration and invasion assay for the quantification of SC-514 release from SC-514-PLGA nanoparticles.

## Materials and Methods

### Determination of drug solubility in release media (10 mM phosphate buffered saline (pH 7.4) supplemented with 10% (v/v) of FBS and 1% (v/v) PenStrep®)

Prior to the release experiments the thermodynamic solubility of SC-514 drug in release media was tested. For this purpose, 100 mg the SC-514 drug was added to 3 mL of the releasing medium and incubated at 37 °C for 24 hours. The release medium was composed of a 10 mM phosphate buffered saline (pH 7.4) supplemented with 10% (v/v) of FBS and 1% (v/v) Pen Strep® to avoid microbial growth. The mixture of the SC-514 drug and release medium was collected in a micro centrifuge tube for centrifugation. A solubility study was carried out by using centrifugation to separate the particulate fraction of SC-514 drug in the release medium.

### Conjugation of SC-514 loaded PLGA nanoparticle with NF- $\kappa$ B antibody

10  $\mu$ g of the NF-KB was added to 200 mg PLGA polymer for the Nano-formulation. The nanoparticles were formulated with tween 80 as the surfactant optimizing the nanoparticles for NF- $\kappa$ B antibody ligand conjugation. [99]. The final concentration of antibody in the NP solution was approximately 0.06  $\mu$ g/mL





### Functionalization of SC-514-PLGA nanoparticles with fats and oil

(melted animal fat was utilized) was carried out using trimethylphenylammonium chloride (199168-100G) as cationic surfactant (substances in which the hydrophilic, or water-loving, end contains a positively-charged ion, or cation) ionically bonding the fats and oil to the surface of the nanoparticles as adapted from previous studies [100-104].

### Dialysis method of drug release

The effective drug concentration within the nanoparticle provides the driving force for release from the particle in the release media (phosphate buffered saline (pH 7.4) supplemented with 10% (v/v) of FBS). *In-vitro* release kinetics of SC-514-PLGA, SC-514-PLGA-NF-KBAb, and SC-514-PLGA-Fat was investigated in this study using dialysis bag method. Typically, SC-514-loaded nanoparticle suspension (1.0 mL) or drug solution with the equivalent drug concentration was enclosed in a dialysis bag (MWCO 12 kDa) and then placed in 200 mL of pH 7.4 phosphate buffered saline solution (supplemented with 10% (v/v) of FBS). The release medium was replaced with fresh buffer every 24 hours. The entire system was kept at 37°C with continuous magnetic stirring.

### SC-514 PLGA Nanoparticles Instrument Settings

Compound	SC-514	I.S. (Carbamazepine)
Column	Thermo Betasil C18 5μ, 50x2.1mm	
Mobile phase	A: Water with 0.1% Formic Acid	
	B: Acetonitrile with 0.1% Formic Acid	
Flow rate (ml/min)	0.37	
Temperature (°C)	35	
Injection volume(μl)	10	
RT(min)	2.3	2.4

Table 1: LC (Shimadzu UFLC XR) conditions.

### Quantification of SC-514 released by LC-MS analysis of SC-514 PLGA nanoparticles

At 24 hours time intervals, 30 μL of aqueous solution was withdrawn from the release medium and the SC-514 concentration was assayed using ABSciex 5500 mass spectrometer. A standard curve was utilized to determine the unknown quantity of SC-514 released in the aqueous solution. The sample was put back to the release medium after the measurement. For determining release kinetics of SC-514-PLGA suspension, a dialysis bag (12 kDa MWCO) was used to enclose the sample (5 mL). The sealed dialysis bag was then placed in a USP apparatus 2 containing 150 mL of pH 7.4 PBS at 37°C with a paddle rotating at 100 rpm. At interval of 1 day for 30 days, 30 μL of release medium was taken out and drug concentration was measured by HPLC and MS/LC. The 30 μl of each sample that was removed was added to 70 μl of acetonitrile containing carbamazepine as the internal standard. Samples were compared to a standard curve prepared in RPMI-1640 medium.

Time (min)	Mobile phase A (%)	Mobile phase B (%)
0.2	90	10
0.5	90	10
2	5	95
3	5	95
3.8	90	10
5	90	10

Table 2: Gradient elution conditions.

All samples were filtered through a 0.2-micron prior to HPLC and MS/LC analysis. HPLC and MS/LC parameters are provided in the tables below. All the release experiments were repeated 3 times and the mean ± standard deviations were reported.

Compound	SC-514	I.S. (Carbamazepine)
MRM(+)	225.3/135.8	237.2/194.1
Collision Gas	7	
Curtain GAS	36	
Ion Source Gas1	40	
Ion Source Gas2	40	
Ion Spray Voltage	5500	
Temperature (°C)	500	
Collision Energy	40	26
Declustering Potential	70	136
Entrance Potential	10	
Collision Cell Exit Potential	14	

Table 3: MS (API5500) conditions.

### Calculation of Encapsulation Efficiency

The encapsulation efficiency was calculated according to a method reported previously [105]. The drug encapsulation efficiency was calculated based on the equation: The drug encapsulation efficiency (EE) =  $m_2/m_1 \times 100\%$ .

Where  $m_1$  denoted the weight of SC-514 drug initially added,  $m_2$  was the weight of the drug embedded within the particles which was calculated according to the standard curve of the drug concentration versus absorbance from HPLC and MS/LC analysis. We analyzed SC-514 PLGA nanoparticles drug release profiles via other methods that are more cost-effective than HPLC and LC-MS/MS quantitation method. These methods are the wound closure assay; trans well cell migration and invasion assay, and colon genic assay. These assays were performed as described below.

### Cell Culture Wound Closure Assay

Prostate cancer cells were detached from the tissue culture plate using 0.25% Trypsin-EDTA solution. Centrifugation was performed in a 15 ml conical tube to pelletize the prostate cancer cells, the supernatant was aspirated, and cells were re-suspended in culture media. 100,000 cells were seeded in each well of the 6-well plate for 100% confluence in 24 hours. A 200 μl pipette tip was utilized to make a wound in the plate by pressing the 200 μl pipette tip firmly against the top of the tissue culture plate and swiftly make a vertical wound down through the cell monolayer in a biosafety hood. The media and cell debris were aspirated.

Adequate culture media was added to cover the bottom of the well in a manner that avoided detaching additional cells. Following the generation and inspection of the wound an initial picture was taken. The tissue culture plate was placed in an incubator set at 37°C temperature and 5% CO<sub>2</sub> concentration. The plate was removed from the incubator every 24 hours and placed under an inverted microscope to take a snapshot picture and to check for wound closure. To analyze the results of snapshot pictures, the distance of one side of the wound to the other was measured using a scale bar.

For the wound assay, a 200μl pipette tip was utilized to make the wound, although a different sized pipette tip may be used to make the wound size that is desired. A minimum force was utilized to make a wound on the culture flask. If excessive force was utilized against the tissue culture plate with the pipette tip, the surface of the culture flask may be damaged. A damaged flask will interfere with the result. In other types of culture flasks, the wound is in a pre-cast form.

### Transwell Cell Invasion Assay

Prostate cancer cells were detached from the tissue culture plate using 0.25% Trypsin-EDTA solution in a biosafety hood, prostate



cancer cells were then pelleted by centrifugation, and the existing media was aspirated leaving the pelleted cells. The cells were re-suspended in serum free cell culture media containing 0.1% BSA (bovine serum albumin). 100  $\mu$ l of cell solution at the concentration of 10,000 cells per well was seeded on top of the filter membrane in a trans well insert and incubated for 10 min at 37 °C and 5% CO<sub>2</sub> to allow the cells to settle down. The pore size of the Trans well membrane was 4  $\mu$ m.

At another time, the Trans well migration assay was modified to perform the cell invasion assay. Extracellular matrix (ECM) materials were on top of the transwell membrane. Cells were added on top of the ECM (Matrigel). Matrigel was thawed and liquefied on ice, and then 30-50  $\mu$ l of Matrigel was added to a 24-well Trans well insert and solidified in a 37°C incubator for 15-30 minutes to form a thin gel layer. Cell solution was added on top of the Matrigel coating to simulate invasion through the extracellular matrix. The Trans well cell invasion assay measures both cell chemo taxis and the invasion of cells through the extracellular matrix, a process that is commonly found in cancer metastasis.

Briefly, a pipette was utilized to add 600 $\mu$ l of Monocyte Chemoattractant Protein 1 (MCP-1), also known as CCL2 (PIRP8648) into the bottom of the lower chamber of a 24-well plate at 0.1mg/mL of sterile water. The chemo-attractant was added without moving the Trans well insert to avoid generating bubbles. The chemo-attractant liquid in the bottom well contacted the membrane in the upper well to form a chemotactic gradient. The Trans well insert well was removed from the plate. A cotton-tipped applicator was used as many times as needed to carefully remove the media and remaining cells that had not migrated from the top of the membrane without damaging it. 600 $\mu$ l of 70% ethanol was added into a well of a 24-well plate. The transwell insert was placed inside the 70% ethanol for 10 min to allow cell fixation. The transwell insert was removed from the 24-well plate and a cotton-tipped applicator was utilized to remove the remaining ethanol from the top of the membrane. The transwell membrane was air- dried for 10-15 min. 700 $\mu$ l of 0.2% crystal violet (0.1%) was added into a well of a 24-well plate. The membrane was positioned into the well for staining and incubated at room temperature for 5-10 min.

The crystal violet was gently removed from the top of the membrane with a pipette tip or cotton tipped applicator. The membrane was dipped into distilled water as many times as needed to remove the excess crystal violet. The transwell membrane was allowed to air-dry. An inverted microscope was utilized to count the number of cells in different fields of view to get an average sum of cells that have migrated through the membrane toward the chemo-attractant (CCL<sub>2</sub>) and attached on the underside of the membrane.

Matrigel (BD Biosciences, NJ) was obtained to cover the bottom membrane of transwell chambers (24 holes, Corning Inc., NY), to measure the invasive ability of cells. The mixture of Matrigel and medium at the proportion of 1:2 at 50  $\mu$ l was enclosed by each transwell membrane. The upper chamber was inoculated with 2.5  $\times$  10<sup>4</sup> cells, while the serum, growth factors as well as chemokine were placed into the lower chamber and cultured in 5% CO<sub>2</sub> at 37°C for 3 h. Then, chambers were stabilized with paraformaldehyde for 20 min and 500 $\mu$ l 0.1% crystal violet was added for 10 mins before being washed out. After air drying, stained cells were photographed and counted under the light microscope (100 $\times$ ) in four randomly selected fields. Transwell assays were performed as previously described. Images of 4 different fields were acquired for each membrane with an optical microscope using a 20 $\times$  magnification. Each one of the 3 independent experiments were repeated in triplicates.

An invasion assay was created by blocking the pores in the membrane with a gel composed of an extracellular matrix that is

meant to mimic the typical matrices that tumor cells encounter during the invasion process *in-vivo*. By placing the cells on one side of the gel and a chemo attractant on the other side of the gel, invasion is determined by counting those cells that have traversed the cell-permeable membrane having invaded towards the higher concentration of chemo attractant [106].

For transwell cell migration and transwell invasion assay, the goal of this component of the research was to determine how SC-514 drug released influenced proliferation, invasion, and migration of human prostate cancer cells. The level of proliferation of human prostate cells was measured by counting the number of prostate cancer cells that migrated through the filter. This study provided an overview of the adaptations to the Transwell migration protocol to study the invasive capacity of prostate cancer cells after release of SC-514 drug. Generally, incubation time of the cells is dependent on cell type and the chemo-attractant being used. In this study we utilized CCL<sub>2</sub> (Monocyte chemo attractant protein-1, MCP-1) as the chemo attractant. The migrated PC-3 cells attached to the other side of the membrane. A previous study utilized alizarin red to stain the migrated cells [107]. In this study, we used crystal violet for staining the migrated PC-3 cells.

### Colonigenic assay

The medium, PBS and trypsin were warmed at 37°C. Trypsinization was utilized to harvest cells from a donor culture. To detach cells from the plastic, the overlying medium was removed, and cells were washed with PBS. PBS was removed and replaced by a trypsin solution to produce a single-cell suspension.

The inverted microscope was utilized to investigate when cells started to round up, indicating detachment from the culture dishes. The cells were re-suspended in medium to inhibit trypsinization. Sufficient volume of medium (more than 3X the volume of trypsin) supplemented with serum was added to neutralize the trypsin solution. The cells were detached by the medium with the cells pipetting up and down.

The cells were counted such that an accurate number of cells were obtained. The cells counted were plated to obtain the correct data for Plating Efficiency (PE).

The cell suspension was diluted into the desired seeding concentration and seeded into flasks or plates as desired.

Cells were plated before treatment. Cells were harvested from a stock culture and plated at appropriate dilutions into (cluster) dishes. After attachment of the cells to the dishes (2 h), the cells were treated with SC-514 drug release from SC-514-PLGA. A dialysis bag served as a separation barrier between the SC-514 PLGA nanoparticles and the PC-3 cells in the culture dish. The treatment was performed before cells started replicating.

The cells were transferred to the test dishes in triplicate. The dishes were placed in an incubator and left there until the cells in control dishes formed sufficiently large clones. To fix and stain the colonies, the medium above the cells was removed. The cells were rinsed carefully with PBS. The PBS was removed and 2-3 ml of a mixture of 6.0% glutaraldehyde and 0.5% crystal violet was added. The mixture was left for 30 min. The glutaraldehyde crystal violet mixture was removed carefully after 30 min and rinsed with tap water. Afterwards, the dishes with colonies were left to air dry at room temperature. Cloned cell numbers surpassing 50 were counted [108]. Colony counts were performed utilizing a stereomicroscope and a counter. For the Colonigenic assay: The dilutions were performed before seeding the correct number of cells. The treatment was performed before cells started replicating; otherwise, the numbers of cells per dish would increase, yielding more colonies. After treatment, the dishes were placed in an incubator and left there



for approximately 2 weeks (a time equivalent to at least six potential cell divisions).

### Confocal microscopy indicating cellular uptake of SC-514 loaded PLGA nanoparticles by PC-3 prostate cancer cells and cord blood cells

The cellular distribution and localization of NPs in prostate cancer cells were assessed by confocal microscopy. To detect fluorescent signals in cellular uptake studies, FITC-BSA was used instead of BSA. An equivalent amount of FITC-BSA was used to fabricate the NPs. The cellular distribution of FITC-BSA-loaded NPs in prostate cancer cells was evaluated by confocal microscopy. Cells were seeded onto culture slides (BD Falcon, Bedford, MA, USA) at a density of  $1.0 \times 10^5$  cells per well ( $1.7 \text{ cm}^2$  surface area per well) and incubated for 24 h at  $37^\circ\text{C}$ . FITC-BSA ( $50 \mu\text{g/mL}$ ) solution and FITC-BSA ( $50 \mu\text{g/mL}$ )-loaded NPs were incubated for 2 h at  $37^\circ\text{C}$ , after which the cells were washed with PBS (pH 7.4) at least three times and fixed with a 4% (v/v) formaldehyde solution for 10 min. The cell culture slides were dried to eliminate the liquid content and treated with VECTASHIELD mounting medium, including 4',6'-diamidino-2-phenylindole (DAPI), to stain the nuclei of the prostate cancer cells and prevent fading. The intracellular fluorescence signals of FITC-BSA in NPs were monitored by confocal microscopy (Nikon A1R Confocal System w/SIM).

Prostate cancer cells were seeded onto 6-well plates at a density of  $6.0 \times 10^5$  cells per well. After incubating for 24 h at  $37^\circ\text{C}$ , aliquots of the FITC-BSA solution and the NP dispersion containing FITC-BSA (corresponding to  $50 \mu\text{g/mL}$  concentrations) were incubated for 2 h. The cells were washed with PBS (pH 7.4) and collected. The cell pellets were resuspended with PBS containing FBS (2%, v/v). The cellular accumulation efficiency was represented as the counted cells according to the fluorescence intensity.

### Investigation of time-dependent cellular uptake of SC-514-PLGA nanoparticles

Immunofluorescence and confocal microscopy: Prostate cancer cells (80% confluence) were incubated from the apical side with  $0.5 \text{ mg/mL}$  suspension of PLGA nanoparticles loaded with 6-coumarin at  $37^\circ\text{C}$ , and then washed three times with ice-cold BRS buffer. Cells were then fixed with 4% paraformaldehyde in PBS solution for 30 min, permeabilized using 0.5% Triton-X 100 in water for 15 min, blocked with 10% bovine serum albumin (BSA) in PBS solution for 30 min, and incubated with mouse monoclonal antibody (BD Biosciences, Lexington, KY) against either clattering HC or caveolin-1 for 2 hours. Cells were then washed several times with PBS and incubated for 1 hour with Rhoda mine-labeled goat anti-mouse secondary antibody. Finally, the cell filter was cut and mounted on a glass slide using a Prolong<sup>TM</sup> anti-fade mounting kit (Molecular Probes, Eugene, OR) and viewed under a confocal microscope (Nikon A1R Confocal System w/SIM) using both FITC (wavelength 450-490 nm) and Rhoda mine filters (wavelength 550-570 nm).

### In-vitro anti-tumoral activity of SC-514 loaded PLGA nanoparticles on PC-3 cells

The cytotoxic activity of SC-514 treatment on prostate cancer cells was evaluated using free SC-514, SC-514-PLGA-NF-KBAb, and SC-514-PLGA-fat nanoparticles, by assessing the morphology or structural characteristics of the cells utilizing inverted microscopy. Cells were incubated with the drug concentrations of SC-514 released from the nanoparticle formulations after encapsulating  $200 \mu\text{M}$  of SC-514 in each of the nanoparticle formulations.

The incubation was evaluated for 48 h for all the nanoparticle formulation treatments. PC-3 cells were exposed to the free SC-514 treatments and SC-514 released from PLGA nanoparticle treatments for 6 days.

### Cytotoxicity of NPs on cord blood cells

Cord blood cells (from Dr. Hartmann) were cultured in RPMI containing 10% (v/v) heat inactivated FBS, 1% (v/v) penicillin ( $100 \text{ U/mL}$ ), and streptomycin ( $0.1 \text{ mg/mL}$ ) in 95% relative humidity and a 5%  $\text{CO}_2$  atmosphere at  $37^\circ\text{C}$ . The toxicity of all the nanoparticle treatments (SC-514-PLGA, SC-514-PLGA-NF-KBAb, SC-514-PLGA-Fat) was assessed in cord blood cells by a colorimetric method using a tetrazolium compound [3-(4,5-dimethylthiazol-2-yl)-5-(3-carboxymethoxyphenyl)-2-(4-sulfophenyl)-2H-tetrazolium, inner salt; MTS]. Cells at a density of  $1.0 \times 10^4$  cells per well were seeded into 96-well plates. After incubating for 48 h, SC-514 released from the nanoparticle treatment at various concentrations was added to cells, and the cells were incubated for 48 h at  $37^\circ\text{C}$ .

### Immunofluorescence assay to investigate the expression of MDR proteins in PC-3 cells

This study utilized the immunofluorescence assay to investigate the expressing of MDR proteins after treatment with free SC-514 and SC-514-PLGA nanoparticles. P-glycoprotein in PC-3 cells was tested for reactivity with p-170 antibody by indirect immunofluorescence studies. During these immunofluorescence studies only surface components of viable prostate cells are recognized [109].

Briefly, PC-3 prostate cancer cells were cultured at 2500 cells/ml in 96 well plates. These cells were treated with free SC-514 and SC-514-PLGA nanoparticles drug for 48 h. After 48 h PC-3 prostate cancer cells were adjusted to a concentration of  $1 \times 10^6$  cells/ml in PBS and  $100 \mu\text{L}$  of the cell suspension was aliquoted into each of two Eppendorf tubes. A volume of  $100 \mu\text{L}$  antibody (1 in 100 dilution of antibody in PBS) was added to one tube and  $100 \mu\text{L}$  of control (diluted 1 in 100 in PBS) was added to the other. The tubes were mixed and incubated for 30 min at  $4^\circ\text{C}$ . The primary antibody was removed by centrifugation of cells at 1000 rpm for 5 min. The cells were washed three times with PBS using the same procedure and  $100 \mu\text{L}$  of Goat anti-Mouse IgG, IgM (H+L) Secondary Antibody, FITC (Life Technologies Corporation, catalogue number A11059 Lot# 1910746) diluted 1 in 50 in PBS was added. The tubes were mixed and incubated for 30 min at  $4^\circ\text{C}$  after which the secondary antibody was removed, and the cells were washed as mentioned previously. Each cell pellet was re-suspended in PBS and mounted on a slide for observation under confocal microscopy (Nikon A1R Confocal System w/SIM).

## Results

Our previous study indicated that the methodology of nanoparticle preparation allowed the formation of spherical Nano metric particles (average diameter  $49.9 \text{ nm}$ ), homogeneous and negatively charged particles which are suitable for intravenous administration. Our previous study demonstrated that the incorporation of SC-514 in nanoparticles was effective, based on microscopic study (Scanning Electron Microscopic) [110]. In this study, SC-514-PLGA was conjugated with NF-KB antibody (NF-KBAb) and Fat. Drug release of SC-514-PLGA, SC-514-PLGA-NF-KBAb, and SC-514-PLGA-Fat nanoparticles was investigated.

The result of the centrifugation experiment indicated that SC-514 has a poor solubility in the release medium. Hence, this study was conducted to evaluate the impact of increased solubility on the anti-cancer activity of SC-514 drug. The *in-vitro* anti-tumoral activity of the nanoparticles formulated (SC-514-PLGA, SC-514-PLGA-NF-KBAb and SC-514-PLGA-Fat) was assessed using PC-3 human prostate cancer cell line (Figure 18 and Figure 19) and non-cancerous cord blood cells (Figure 16 and Figure 17). The results of the *in-vitro* anti-tumoral activity of free SC-514 and SC-514 released from the nanoparticle formulations (SC-514-PLGA, SC-



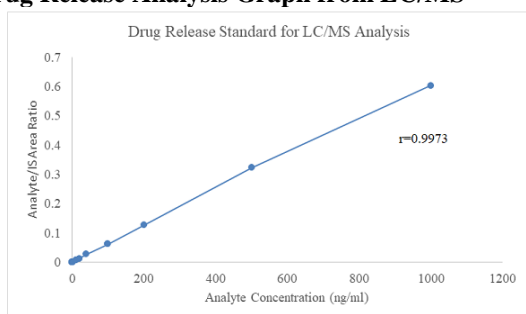


514-PLGA-NF-KBAb, and SC-514-PLGA-Fat) on PC-3 cells and cord blood cells were compared.

The MTT assay results demonstrated that incorporation of SC-514 in PLGA nanoparticles strongly enhanced the cytotoxic effect of SC-514 drug as compared to the anti-cancer effect of free SC-514 on PC-3 cells (Figure 18 and Figure 19) and the anti-cancer effect of free SC-514 on cord cells (Figure 16 and Figure 17). The inhibitory effects were more observable for prolonged incubation times when the cells received prolonged exposure to SC-514 drug. Importantly, the drug encapsulation efficiency was measured to be over 89% for SC-514-PLGA nanoparticles. SC-514 drug exhibits obvious encapsulation responsive release (Figure 2).

## Drug Release Analysis from LC/MS

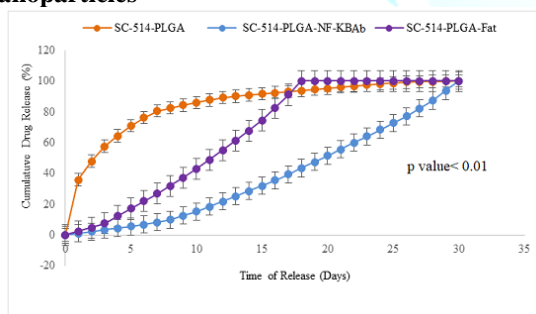
### Drug Release Analysis Graph from LC/MS



**Figure 1:** The kinetic model that best fits the dissolution data was evaluated by comparing the correlation coefficient ( $r$ ) values obtained in various models. The model that gave a higher ' $r$ ' value ( $r=0.9973$ ) is considered as the best fit model and is shown in this figure.

Based on the extremely high  $r$  value ( $r = 0.9973$ ) from the graph above, this study utilized the zero-order model for the drug release study. 30 $\mu$ l of aqueous solution containing released SC-514 was collected for each sample from day 1 to day 30. The cumulative amount released vs. time was plotted (Figure 2) by calculating the amount of drug that permeated the membrane, which is equal to the amount of drug in the receiver at the sampling time plus the amount in the samples that was assayed then discarded.

## SC-514 Drug Release Studies from PLGA Nanoparticles



**Figure 2:** The SC-514 released from three different encapsulations (SC-514-PLGA, SC-514-PLGA-NF-KBAb, and SC-514-PLGA-Fat) was investigated over 30 days. SC-514 released from SC-514-PLGA encapsulations indicated a first order release curve with initial outburst. SC-514-PLGA-NF-KBAb indicated a first order release curve from day 1 to day 30. SC-514-PLGA-Fat displayed increasing cumulative release of SC-514 up until day 18, from day 18 to day 30 the cumulative release was the same for SC-514-PLGA-Fat formulation.

Days	Number of colonies of PC-3 cells after release of SC-514	Cumulative number of colonies of PC-3 cells formed after release of SC-514 drug
0	0	0
1	30	30
2	69	99
3	65	164
4	54	218
5	49	267
6	34	301
7	32	333
8	27	360
9	25	385
10	25	410
11	24	434
12	24	458
13	23	481
14	21	502
15	20	522
16	19	541
17	18	559
18	17	576
19	16	592
20	15	607
21	14	621
22	13	634
23	12	646
24	11	657
25	10	667
26	9	676
27	9	685
28	9	694
29	9	703
30	9	712

**Table 4:** PC-3 cells colonies counted for colony assay.

## Alternative methods for quantifying SC-514 drug released from SC-514 PLGA

The results from colony forming assay are shown in **Figure 5** and **Table 4**. The number of days of drug release study and cumulative number of colonies of PC-3 cells formed after release of SC-514 drug from SC-514-PLGA nanoparticles was plotted to produce a drug release curve (**Figure 3**).

The results from the transwell migration and invasion assay, shown in **table 5** below are indicated in the stained form (Figures 5, 6, and 7) and unstained form (**Figure 8**). The number of days of drug release study and number of PC-3 cells in the lower chamber of transwell after release of SC-514 drug from SC-514-PLGA nanoparticles was plotted to produce a drug release curve (**Figure 3**). As drug release progressed from day 0 to day 30, number of PC-3 cells in the lower chamber of transwell after release of SC-514 drug from SC-514-PLGA decreased. However, as drug release progressed, cumulative number of PC-3 cells in the lower chamber of transwell also increased.

The results from the wound healing assay are indicated on day 1 to day 6 (**Figure 9** and **Table 6**). The number of days of drug release study and cumulative width over time after release of SC-514 drug from SC-514-PLGA nanoparticles was plotted to produce a drug release curve (Figure 3). As the drug release progressed from day 1 to day 30, the wound width created decreased from day 1 to day 30. However, the cumulative wound width increased. Drug release curve was constructed for the purpose of comparing different SC-514 quantification methods (Figure 3).



Days	Number of PC-3 cells in the lower chamber of transwell after release of SC-514 drug from SC-514-PLGA	Cumulative number of PC-3 cells in the lower chamber of transwell after release of SC-514 drug from SC-514-PLGA
0	0	0
1	620	620
2	1670	2290
3	1540	3830
4	1304	5134
5	1234	6368
6	1005	7373
7	856	8229
8	654	8883
9	640	9523
10	550	10073
12	530	10603
13	528	11131
14	526	11657
15	523	12180
16	520	12700
17	517	13217
18	515	13732
19	513	14245
20	509	14754
21	505	15259
22	504	15763
23	501	16264
24	498	16762
25	496	17258
26	493	17751
27	492	18243
28	492	18735
29	491	19226
30	491	19717

**Table 5:** PC-3 cells counted for transwell migration and invasion assay.

### Alternative methods for SC-514 Drug Release Studies

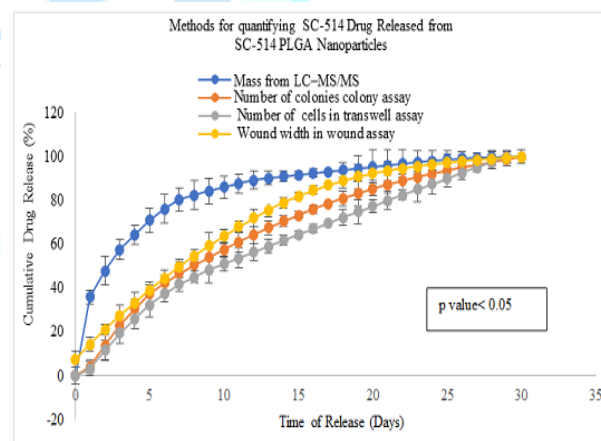
Transwell assay staining of LNCaP cells, PC-3 cells, and DU-145 cells that indicated a more consistent trend of drug release pattern was observed in PC-3 cells than in LNCaP cells and DU-145 cells (Figure 5 and Figure 6).

The colonies formed from LNCaP cells were the most sensitive to SC-514 drug release, followed by the colonies formed from DU-145 cells. The colonies formed by PC-3 cells were the least sensitive to SC-514 drug release. This trend is in consistency with aggressiveness of the prostate cancer cell lines utilized (PC-3 cells are the most aggressive during proliferation and LNCaP cells are the least aggressive). The higher the aggressiveness of the prostate cancer lines, the lower the sensitivity of the colony cells formed to the SC-514 drug release.

Transwell assay staining of PC-3 cells suggested that more SC-514 was released from SC-514-PLGA nanoparticles (cumulative release) as the days progressed from day 1 to day 12, which correlated with the reduction in number of PC-3 cells that migrated through the filter from day 1 to day 12.

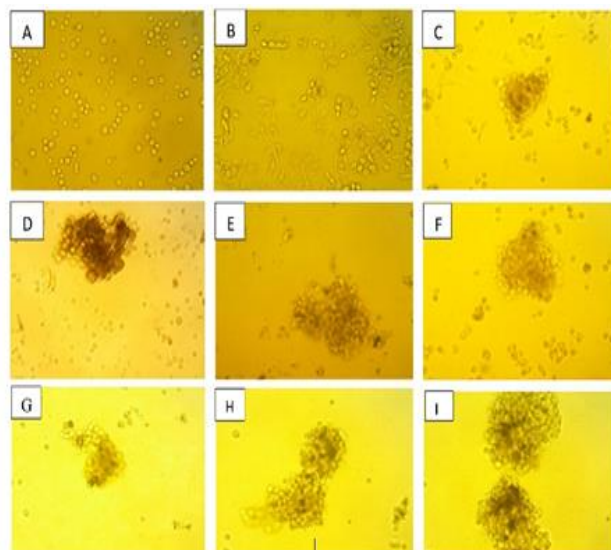
Days	Wound width over time	Cumulative width over time
0	78	78
1	69	147
2	67	214
3	64	278
4	61	339
5	58	397
6	55	452
7	53	505
8	50	555
9	47	602
10	45	647
11	43	690
12	41	731
13	37	768
14	34	802
15	31	833
16	27	860
17	24	884
18	20	904
19	18	922
20	15	937
21	12	949
22	11	960
23	10	970
24	9	979
25	8	987
26	7	994
27	6	1000
28	5	1005
29	5	1010
30	5	1015

**Table 6:** Wound width between monolayer of PC-3 cells forming the wound in the wound assay.

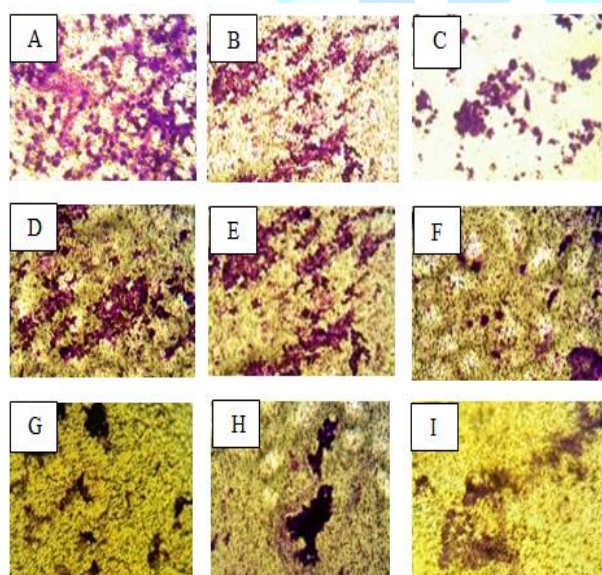


**Figure 3:** Four methods were utilized to investigate the release of SC-514 drug from SC-514-PLGA nanoparticle over 30 days. Three of these methods were new and unconventional (Colony assay, transwell assay, and wound assay). Colony assay, transwell assay, and wound assay methods indicated a similar trend of drug release with no outburst release of the SC-514 drug. LC-MS/MS conventional method indicated that SC-514 released from SC-514-PLGA encapsulations is a first order release curve with initial outburst.

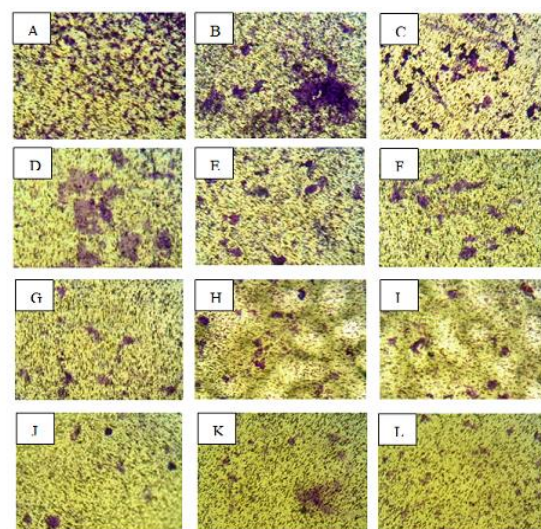




**Figure 4:** The result from colony forming assay of PC-3 cells as an alternative method to quantify SC-514 drug release. A: 0 h of cell culture, B: 48 h of control, C: release of SC-514 from SC-514-PLGA on day 1, D: release of SC-514 from SC-514-PLGA on day 2, E: release of SC-514 from SC-514-PLGA on day 3, F: release of SC-514 from SC-514-PLGA on day 4, G: release of SC-514 from SC-514-PLGA on day 5, H: release of SC-514 from SC-514-PLGA on day 6, I: release of SC-514 from SC-514-PLGA on day 7.

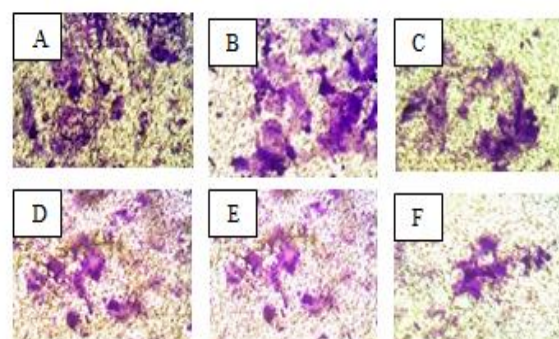


**Figure 5:** The result from colony forming assay of LNCaP cells, PC-3 cells, and DU-145 cells as an alternative method for SC-514 drug release study. The experiment was carried out in the same transwell under the same condition of cell culture: A: release of SC-514 from SC-514-PLGA on day 1 to LNCaP cells, B: release of SC-514 from SC-514-PLGA on day 2 to LNCaP cells, C: release of SC-514 from SC-514-PLGA on day 3 to LNCaP cells, D: release of SC-514 from SC-514-PLGA on day 1 to DU-145 cells, E: release of SC-514 from SC-514-PLGA on day 2 to DU-145 cells, F: release of SC-514 from SC-514-PLGA on day 3 to DU-145 cells, G: release of SC-514 from SC-514-PLGA on day 1 to PC-3 cells, H: release of SC-514 from SC-514-PLGA on day 2 to PC-3 cells, I: release of SC-514 from SC-514-PLGA on day 3 to PC-3 cells.



**Figure 6:** Transwell assay showing the number of PC-3 cells that migrated through the transwell after release of SC-514 drug from SC-514-PLGA. A: release of SC-514 drug from SC-514-PLGA on day 1, B: release of SC-514 drug from SC-514-PLGA on day 2, C: release of SC-514 drug from SC-514-PLGA on day 3, D: release of SC-514 drug from SC-514-PLGA on day 4, E: release of SC-514 drug from SC-514-PLGA on day 5, F: release of SC-514 drug from SC-514-PLGA on day 6, G: release of SC-514 drug from SC-514-PLGA on day 7, H: release of SC-514 drug from SC-514-PLGA on day 8, I: release of SC-514 drug from SC-514-PLGA on day 9, J: release of SC-514 drug from SC-514-PLGA on day 10, K: release of SC-514 drug from SC-514-PLGA on day 11, L: release of SC-514 drug from SC-514-PLGA on day 12.

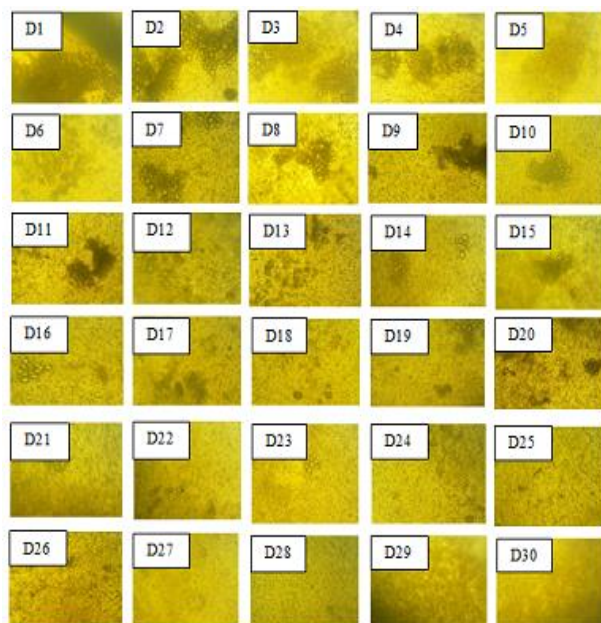
Transwell assay showing the number of DU-145 cells that migrated through the transwell after the release of SC-514 drug to the DU-145 cells from SC-514-PLGA nanoparticles.



**Figure 7:** Transwell assay showing the number of DU-145 cells that migrated through the transwell after release of SC-514 drug from SC-514-PLGA. A: release of SC-514 drug from SC-514-PLGA on day 1, B: release of SC-514 drug from SC-514-PLGA on day 2, C: release of SC-514 drug from SC-514-PLGA on day 3, D: release of SC-514 drug from SC-514-PLGA on day 4, E: release of SC-514 drug from SC-514-PLGA on day 5, F: release of SC-514 drug from SC-514-PLGA on day 6.

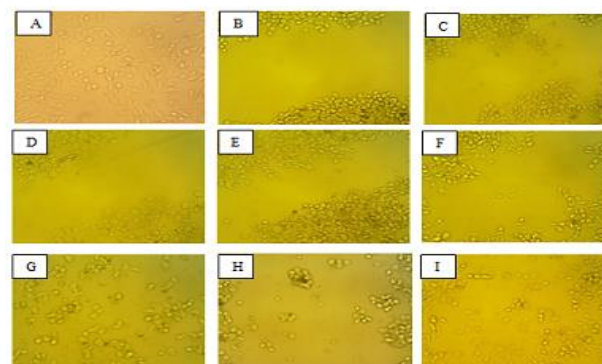
Transwell assay showing the number of unstained PC-3 cells that migrated through the transwell after release of SC-514 drug from SC-514-PLGA on the PC-3 prostate cancer cells from day 1 to day 30.





**Figure 8:** Transwell assay showing the number of unstained PC-3 cells that migrated through the transwell after release of SC-514 drug from SC-514-PLGA from day 1 to day 30. D1: release of SC-514 drug from SC-514-PLGA on day 1, D2: release of SC-514 drug from SC-514-PLGA on day 2, D3: release of SC-514 drug from SC-514-PLGA on day 3, D4: release of SC-514 drug from SC-514-PLGA on day 4, D5: release of SC-514 drug from SC-514-PLGA on day 5, D6: release of SC-514 drug from SC-514-PLGA on day 6, D7: release of SC-514 drug from SC-514-PLGA on day 7, D8: release of SC-514 drug from SC-514-PLGA on day 8, D9: release of SC-514 drug from SC-514-PLGA on day 9, D10: release of SC-514 drug from SC-514-PLGA on day 10, D11: release of SC-514 drug from SC-514-PLGA on day 11, D12: release of SC-514 drug from SC-514-PLGA on day 12, D13: release of SC-514 drug from SC-514-PLGA on day 13, D14: release of SC-514 drug from SC-514-PLGA on day 14, D15: release of SC-514 drug from SC-514-PLGA on day 15, D16: release of SC-514 drug from SC-514-PLGA on day 16, D17: release of SC-514 drug from SC-514-PLGA on day 17, D18: release of SC-514 drug from SC-514-PLGA on day 18, D19: release of SC-514 drug from SC-514-PLGA on day 19, D20: release of SC-514 drug from SC-514-PLGA on day 20, D21: release of SC-514 drug from SC-514-PLGA on day 21, D22: release of SC-514 drug from SC-514-PLGA on day 22, D23: release of SC-514 drug from SC-514-PLGA on day 23, D24: release of SC-514 drug from SC-514-PLGA on day 24, D25: release of SC-514 drug from SC-514-PLGA on day 25, D26: release of SC-514 drug from SC-514-PLGA on day 26, D27: release of SC-514 drug from SC-514-PLGA on day 27, D28: release of SC-514 drug from SC-514-PLGA on day 28, D29: release of SC-514 drug from SC-514-PLGA on day 29, D30: release of SC-514 drug from SC-514-PLGA on day 30.

Wound healing assay of unstained PC-3 cells was conducted as an alternative method for drug release study. On day 6 of drug release (Figure 9H), there were less fibroblastic PC-3 cells compared to the day 6 control with no release of SC-514 drug from SC-514-PLGA (Figure 9I). Also, the PC-3 cells in the wells that received cumulative release of SC-514 drug were rounded up, clumped together and not well attached to the surface of the culture plate by day 6 (Figure 9H). On the other hand, the PC-3 cells with no release of SC-514 drug from SC-514-PLGA (control) on day 6 appeared elongated, spaced out at good distance and well-attached the surface of the wells (Figure 9I).

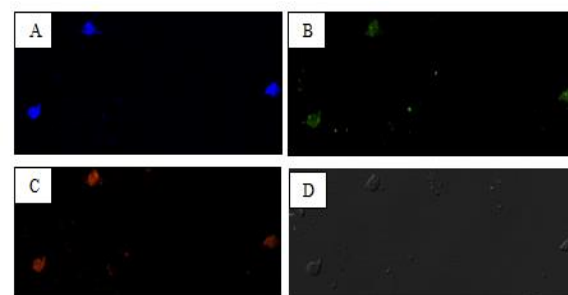


**Figure 9:** Wound healing assay of unstained PC-3 cells as an alternative method for drug release study. A: 48 h (day 2) control with no release of SC-514 drug from SC-514-PLGA, B: release of SC-514 drug from SC-514-PLGA on day 0, C: release of SC-514 drug from SC-514-PLGA on day 1, D: release of SC-514 drug from SC-514-PLGA on day 2, E: release of SC-514 drug from SC-514-PLGA on day 3, F: release of SC-514 drug from SC-514-PLGA on day 4, G: release of SC-514 drug from SC-514-PLGA on day 5, H: release of SC-514 drug from SC-514-PLGA on day 6, I: day 6 control with no release of SC-514 drug from SC-514-PLGA.

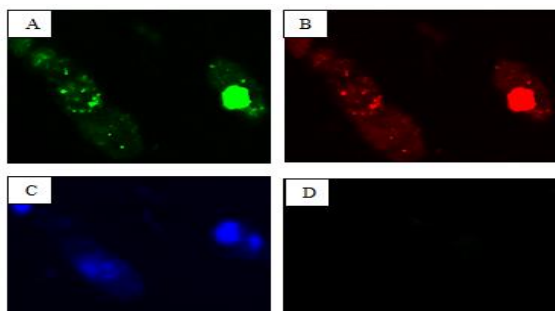
The intracellular delivery of SC-514 from poly (lactide-co-glycolide) (PLGA) nanoparticles stabilized with bovine serum albumin, in PC-3 cells, was studied via confocal microscopy (Nikon AIR Confocal System w/SIM). As the incubation time changes, fluorescence intensity and cellular uptake changes (Figure 11).

The cellular uptake efficiency of nanoparticles in PC-3 prostate cancer cell was higher in the SC-514-PLGA-NF-KBAb NPs than SC-514-PLGA NPs (Figure 13). This is consistent with the results of the drug release study (Figure 2) and the impact of SC-514 nanoparticle formulations on PC-3 cells (Figure 19 and 20) and cord blood cells (Figure 17 and figure 18). It takes a longer time for SC-514-PLGA-NF-KBAb to release the SC-514 drug content because of the high cellular uptake efficiency of the whole nanoparticles in cells. On the other hand, SC-514-PLGA NPs has lower cellular uptake efficiency with a burst release at the beginning of the drug release study.

The degree of enhanced cellular accumulation of PLGA-SC-514 NPs was higher in prostate cancer cells than cord blood cells (Figure 12). The underlying mechanisms of enhanced cellular accumulation efficiency of SC-514-PLGA NPs compared with that of PLGA NPs should be further investigated. Generally, there was an increased concentration of nanoparticles in PC-3 cells because of increased incubation time.

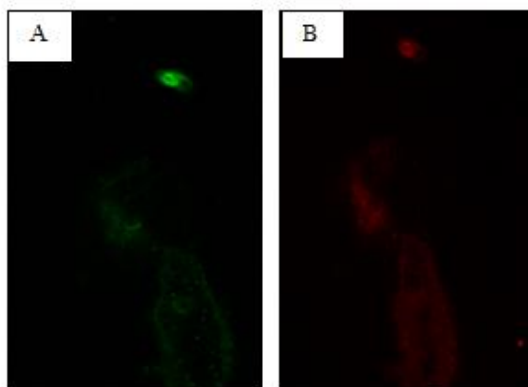


**Figure 10:** Picture showing PC-3 cells and SC-514-PLGA nanoparticles. A: Nucleus stain of PC-3 cells with DAPI B: Expression of multidrug resistance in PC-3 cells, C: SC-514-PLGA nanoparticles in PC-3 cells, D: Phase contrast image of PC-3 cells. These images represent x-y confocal images (20x magnification).

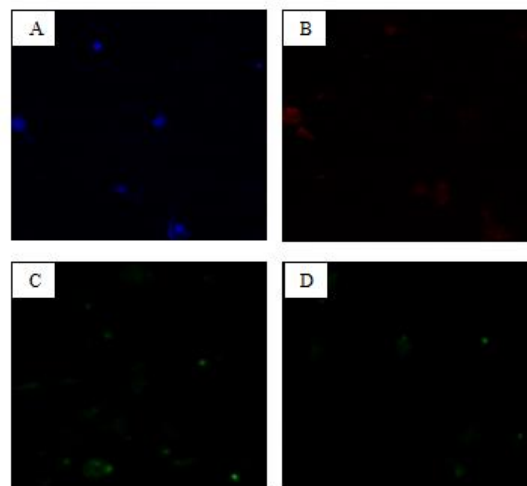


**Figure 11:** Confocal microscopy of PC-3 prostate cancer cells following uptake of PLGA nanoparticles. Confocal microscopy demonstrated that nanoparticles were internalized rapidly, with nanoparticles seen inside the cells as early as within 15 min after incubation. The nanoparticle uptake increased with incubation time in the presence of nanoparticles in the culture medium. Intensity of color observed was utilized to determine the extent of nanoparticles uptake. These images represent x-y confocal images (60x magnifications). A: Green indicated the expression of nanoparticles inside PC-3 cells after incubation for 30 min at 37 °C. B: Red indicated the expression of nanoparticles inside the PC-3 cells after incubation for 15 min at 37 °C. C: Blue indicates the nucleus of the PC-3 cells. Nucleic was stained with DAPI. D: PC-3 cells were incubated with PBS only (0.01 M, pH 7.4).

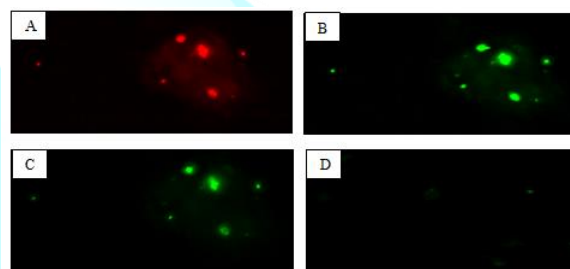
The degree of cellular accumulation of PLGA-SC-514 NPs was higher in prostate cancer cells than cord blood cells (Figure 12). The effect of the nanoparticle treatment on PC-3 cells was also investigated (Figure 14). This study utilized immunofluorescence assay to investigate the expressing of MDR proteins after treatment with free SC-514 and SC-514-PLGA nanoparticles. SC-514-PLGA nanoparticles reduced the expression of MDR protein in PC-3 cells significantly more than free SC-514. Controlled and optimum delivery of SC-514 drug from the nanoparticle treatment PLGA NPs has the potential to eliminate the imbalance in the length of drug treatment favoring MDR in prostate cancer. This will potentially reduce the expression of P-gp and other ABC transporter proteins in prostate cancer during treatment. Reduction in cell viability was observed when PC-3 cells were incubated with the nanoparticle formulations for 48 h at 37° C and 5% CO<sub>2</sub>. Varying concentrations of SC-514 released from the nanoparticle formulation inhibited the cell growth. The growth inhibition was manifested by shrinking and granulation of PC-3 prostate cancer cells (Figure 15).



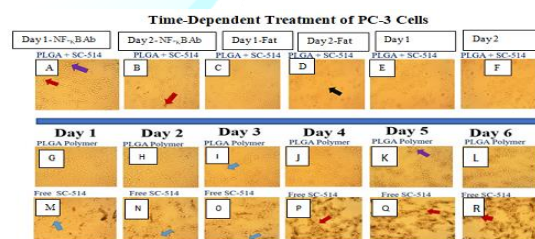
**Figure 12:** The degree of cellular accumulation of PLGA-SC-514 NPs was higher in prostate cancer cells than cord blood cells. The result is based on the intensity of color at any point in time. A: The Green fluorescence indicated cellular accumulation of PLGA-SC-514 NPs in PC-3 cells, B: The red fluorescence indicated cellular accumulation of PLGA-SC-514 NPs in cord blood cells.



**Figure 13:** Quantitative study of PLGA nanoparticles uptake in PC-3 cells. A: nucleus of PC-3 cells stained blue with DAPI (4',6-diamidino-2- phenylindole), B: NF-KB expression in PC-3 cells without nanoparticles. C: SC-514-PLGA-NF-KB nanoparticle in PC-3 cells, D:SC-514-PLGA nanoparticle in PC-3 cells.

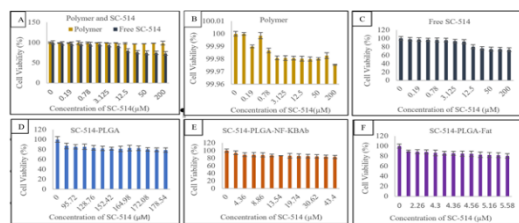


**Figure 14:** Expression of MDR in PC-3 prostate cancer cells. A: SC-PLGA nanoparticles, B: Bright green color with high expression of MDR from PC-3 cells treated with Free SC-514 C: Lower expression of MDR from PC-3 cells treated with SC-514-PLGA nanoparticles D: Control containing no PC-3 cells but has MDR stain indicated little or no expression of MDR.

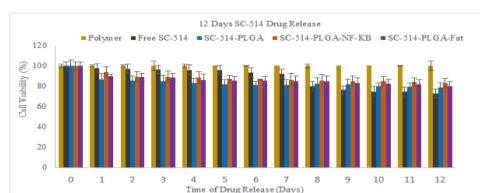


**Figure 15:** The appearance and structural characteristics of PC-3 prostate cancer cells after treatment with PLGA polymer, free SC-514, SC-514-PLGA- NF-KBAb, SC-514-PLGA- Fat, and SC-514-PLGA. A: Day 1 treatment of PC-3 prostate cancer cells with SC-514-PLGA- NF-KB at 4.86 µM concentration of SC-514, B: Day 2 treatment of PC-3 prostate cancer cells with SC-514-PLGA-NF-KB at 9.72 µM concentration of SC-514, C: Day 1 treatment of PC-3 cells with SC-514-PLGA- Fat at 4.59µM concentration of SC-514, D: Day 2 treatment of PC-3 cells with SC-514-PLGA- Fat at 5.04 µM concentration of SC-514, E: Day 1 treatment of PC-3 cells with SC-514-PLGA at concentration 71.78µM of SC-514, F: Day 2 treatment of PC-3 cells with SC-514-PLGA at concentration 23.94 µM of SC-514. G-L: Day 1 to Day 6 treatment of PC-3 cells with PLGA polymer only respectively. M-R: Day 1 to Day 6 treatment of PC-3 cells with free SC-514 respectively.

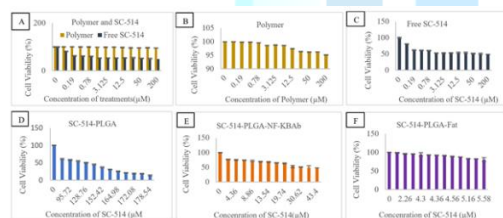




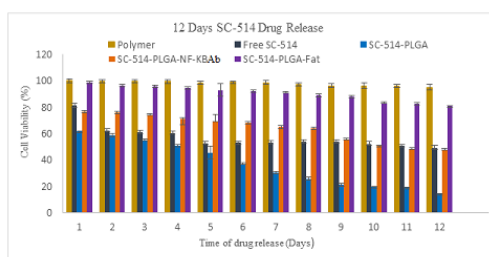
**Figure 16:** Cord blood cells treatment with SC-514 drug release from nanoparticle treatments at different concentrations impacting different levels of cell viabilities. A: comparison between cell viabilities of cord blood cells treated with polymer and free SC-514, B: cell viability of cord blood cells treated with polymer, C: cell viability of cord blood cells treated with free SC-514, D: cell viability of cord blood cells treated with SC-514-PLGA, E: cell viability of cord blood cells treated with SC-514-PLGA- NF-κBAb, F: cell viability of cord blood cells treated with SC-514-PLGA-Fat.



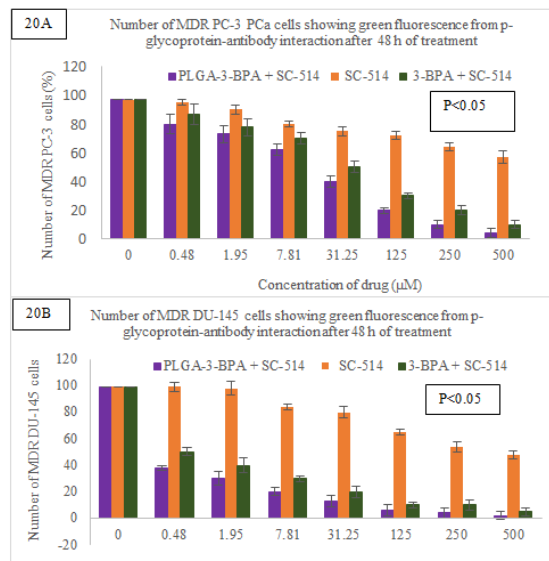
**Figure 17:** Cord blood cells treatment with SC-514 drug release from nanoparticle treatments impacted different levels of cell viability from day 1 to day 12. Concentrations of polymer and free SC-514 from day 1 to day 12 ranged from 0 μM to 200 μM. Concentrations of the other nanoparticle treatments (SC-514-PLGA, SC-514-PLGA-NF-κBAb, SC-514-PLGA-Fat) administered was based on drug release from day 1 to day 12 as reported earlier.



**Figure 18:** PC-3 cells treatment with SC-514 drug release from nanoparticle treatments at different concentrations impacted different levels of cell viabilities. A: comparison between cell viabilities of PC-3 cells treated with polymer and free SC-514, B: cell viability of PC-3 cells treated with polymer, C: cell viability of PC-3 cells treated with free SC-514, D: cell viability of PC-3 cells treated with SC-514-PLGA, E: cell viability of PC-3 treated with SC-514-PLGA-NF-KBAb, F: cell viability of PC-3 cells treated with SC-514-PLGA-Fat.



**Figure 19:** The cell viability of PC-3 cells after treatment with SC-514 drug concentrations obtained from the *in-vitro* drug release profile of the nanoparticle treatments measured in a bio-relevant medium from day 1 to day 12. Concentrations of polymer and free SC-514 from day 1 to day 12 ranged from 0 μM to 200 μM.



**Figure 20:** Immunofluorescence analysis results detecting p-glycoprotein-antibody interaction and cell tracker tagged to 3-BPA and/or SC-514. The green fluorescence from p-glycoprotein-antibody interaction estimated the number of MDR PC-3 cells and MDR DU-145 cells after treatment. Figure 20A shows the number of MDR PC-3 cells observed after 48 h treatment with PLGA-3-BPA + SC-514, SC-514, and 3-BPA+SC-514. Data represented are the mean of ±SEM of three independent experiments. Figure 20B: Immunofluorescence analysis results detecting p-glycoprotein-antibody interaction and cell tracker tagged to PLGA-3-BPA + SC-514, SC-514, and 3-BPA +SC-514. The green fluorescence from p-glycoprotein-antibody interaction estimated the number of MDR DU-145 PCa cells after treatment. This figure shows the number of MDR DU-145 cells observed after 48 h treatment with PLGA-3-BPA + SC-514, SC-514, and 3-BPA +SC-514. Data represented are the mean of ±SEM of three independent experiments.

## Result and Discussion

The conventional cancer chemotherapy has many negative effects such as Multiple Drug Resistance (MDR), high clearance rate (pharmacokinetic measurement of the volume of plasma from which a drug is completely removed per unit time), severe side effects, unwanted drug distribution to the normal cells and low concentration of drug at the site of prostate cancer cells [111]. Therefore, it is necessary to develop novel strategies and novel Nano carriers that will carry the drug molecules directly to the affected cancerous cells in an adequate amount and duration within effective therapeutic window [112,113]. Nanoparticle drug delivery systems have advantages over conventional chemotherapy due to the high efficacy of drug loading or drug encapsulation efficiency, high cellular uptake, high drug release, and minimum side effects. These Nano carriers possess high drug accumulation in the tumor area while minimizing toxic effects on healthy prostate tissues [112].

To reduce MDR in prostate cancer treatment, this study investigated the therapeutic advantage of encapsulating SC-514 in PLGA polymer and conjugating the surface of the nanoparticles formed to further control drug delivery. The water-insoluble SC-514 drug in a hydrophobic PLGA based matrix showed average drug loading due to leaching effects (uncontrolled accidental release of drug). Therefore, SC-514-PLGA nanoparticles were conjugated with NF-KB antibody and Fats. It was necessary to develop a useful method to increase the drug encapsulation efficiency and improve the drug bioavailability of SC-514.



Further improvement of SC-514 drug entrapment by conjugation during nanoparticle formulation can be considered advantageous in reduction of multidrug resistance in prostate cancer. This is important because prolonged drug release has been shown to reduce drug resistance in cancer treatment [114,115]. The goal of this study was to investigate SC-514 drug release from nanoparticle formulations that has the potential to reduce multidrug resistance by sustained release of SC-514 drug from the PLGA nanoparticle formulations.

The use of Nano encapsulation of SC-514 will improve the chance to target the prostate cancer cells and not harm normal prostate cells because targeted drug delivery of nanoparticles decorated with site-specific recognition ligands is of considerable interest to minimize cytotoxicity of chemotherapeutics in the normal cells [115]. SC-514 was internalized into the PLGA nanoparticles by endocytosis which may be released via endosome escape delivering the encapsulated SC-514 drug to the cytosol of the cells. Higher intracellular delivery of the SC-514 drug from the nanoparticles suggested a high efficacy of encapsulated SC-514 drug. Hence, lower dose of the SC-514 nanoparticle formulation could produce a higher cytotoxic effect on the cancer cells than free SC-514 drug (Figure 16 and Figure 18). Previously, SC-514-loaded poly (lactic-co-glycolic acid) (PLGA) nanoparticles (SC-514-PLGA) were prepared by the single emulsion method. The influence of different experimental parameters on the incorporation of SC-514 in the nanoparticles was evaluated. Functionalized SC-514 PLGA nanoparticles were prepared based on previously modified method [46]. We utilized various techniques for drug solubility enhancement including nanoparticle surface functionalization. The surface of SC-514-PLGA polymeric drug delivery system was functionalized with NF-KB antibody and fat to form SC-514-PLGA-NF-KBAb and SC-514-PLGA-Fat respectively. The functionalization was done to further improve the therapeutic index of SC-514 drug and reduce the adverse treatment effects in this current study. This impact of functionalization in this current study is similar the results from other studies [116,117].

Delivering chemotherapeutics by nanoparticles into a tumor is mostly impeded by two factors: nonspecific targeting and inefficient penetration. Targeted delivery of anti-cancer agents solely to tumor cells introduces a smart strategy because it enhances the therapeutic index compared to untargeted mode of delivery of drugs [118]. The anti-cancer effect of SC-514 nanoparticle formulations (SC-514-PLGA, SC-514-PLGA-NF-KBAb, and SC-514-PLGA-Fat nanoparticles) on cord blood cells and PC-3 cells was investigated.

The release behavior of SC-514 from the developed SC-514-PLGA exhibited a biphasic pattern characterized by an initial fast release during the first 24 hours, followed by a slower and continuous release (Figure 2). This is very similar to the burst release observed in other studies [119-121], thus, confirming the treatment efficacy of the nanoparticle delivery approach. Drug release from SC-514-PLGA nanoparticles appears to consist of two components with an initial rapid release followed by a slower exponential stage (Figure 2). SC-514-PLGA nanoparticles indicated that 50% of the drug was released on the 3rd day. The SC-514-PLGA-NF-KBAb indicated that 50% of the drug was released on the 20th day. SC-514-PLGA-Fat indicated that 50% of the drug was released on the 12th day. For all the nanoparticle formulations, 50% of drug release extended from hours to weeks in this current study.

A model predicts a two-stage release profile, with a relatively rapid initial release of most of the drug, followed by a slower release of the remaining drug known as a "plateau" phase [122]. This is consistent with the results from SC-514-PLGA drug release in this study (Figure 2). Faster initial release of SC-514 in SC-514-PLGA than in SC-514-PLGA-NF-KBAb and SC-514-PLGA-Fat might be due to a faster dissociation of polylactic acid-glycolic acid polymer.

Generally, low-MW drugs, peptides, and proteins have higher propensities for burst release as a result of osmotic pressures [123].

In most treatments, a strong burst release is to be avoided as it decreases the efficacy of the treatment and can be dangerous to the host [120]. It may also waste the SC-514 drug if the excess drug cannot be absorbed by the body within the time of administration. Although under certain circumstances an initial sharp release of the therapeutic agent could be desirable, it is often unpredictable with uncontrollable duration and dose [8,123]. For this reason, various methods have been recommended to control unnecessary and dangerous burst release of drugs [123] as seen with the SC-514-PLGA nanoparticles drug release in this current study. To maximize the effectiveness of nanoparticle targeting, drug release from nanoparticles needs to be slow enough to avoid substantial drug loss before the carrier reaches the site of action thereby reducing toxicity [124,125]. Initial burst can be further controlled by modifying the solidification rate of the dispersed phase [126]. In order to prevent many unfavorable events such as pore formation, drug loss, and drug migration that occurred while the dispersed phase is in the semi-solid state, it is important to understand and optimize the nanoparticle formulation variables [127]. In this study, we functionalized the surface of PLGA nanoparticles with molecules including NF-KB antibody and fat to remove the burst release problem observed previously.

SC-514-PLGA was conjugated with NF-KB antibody in order to investigate the impact of NF-KB antibody rich microenvironment on SC-514 drug release. Elevated expression of NF-KB has been implicated in prostate cancer carcinogenesis [128]. Also, the high expression of NF- $\kappa$ B within the cancer cells might be used for the eradication of selective cancer cells that could be regulated by the modulation of the NF- $\kappa$ B pathway [129].

Viable prostate cancer cells increase NF- $\kappa$ B translocation to the nucleus with subsequent enhancement of both activation of NF- $\kappa$ B transcription and induction of NF- $\kappa$ B responsive genes. This increase in NF- $\kappa$ B expression may be related to the NF- $\kappa$ B function as a transcription factor, which can explain the increase of cancer cells division [130]. NF- $\kappa$ B is highly expressed in actively proliferating prostate cancer. NF- $\kappa$ B provides surface accessibility and preferred accumulation of antibody-conjugated Nano carriers through receptor-mediated endocytosis [131]. Conjugating a nanoparticle with appropriate surface molecules such as NF- $\kappa$ B may trigger and control drug release properties and prolong drug release time [132]. The results from the conjugation experiment involving NF- $\kappa$ B and SC-514 demonstrated the possibilities of modulating the release profile by means of modifying the surface of the nanoparticles for higher encapsulation efficiency consistent with other studies. [133-136]. Drug delivery systems with high drug encapsulation efficiency and controlled release are of great importance in biomedical fields [137].

In addition, some membrane transport proteins maybe implicated in the endocytosis of PLGA nanoparticles in prostate cancer cells. These membrane transport proteins may play a role in PLGA nanoparticle endocytosis [138] in PC-3 and cord blood cells. The plasma membrane can be crossed by PLGA NPs with a diameter of 500-600 nm [139]. It appeared that the difference in nanoparticle sizes may cause the difference in nanoparticle retention between SC-514-PLGA-NF- $\kappa$ BAb nanoparticles and SC-514-PLGA nanoparticles. Physical characterization showed that the antibody unconjugated and conjugated particles were oval to spherical and within the size range of 200-250 nm. This current study indicated that the average particle size slightly increased for antibody-



conjugated nanoparticles SC-514-PLGA-NF- $\kappa$ BAb compared to the SC-514-PLGA. This implies that a hard decision needs to be made based on the preference for particle size and the length of time it takes to release SC-514 drug.

The SC-514 release from SC-514 PLGA nanoparticles was investigated using dialysis method. The principle was based on a change in the permeation rate of the small molecule across the dialysis membrane with the change in the free fraction (or fraction bound) inside the dialysis chamber [140,141]. The application of the dynamic dialysis method for determining release kinetics from nanoparticles seems to have grown in popularity, in part due to the willingness of investigators to ignore the demerits of dynamic dialysis method [142]. With the ever-increasing research efforts in the field of nanoparticles as drug delivery systems, it is critical to understand the limitations of this widely adopted dynamic dialysis method for determination of release kinetics. There are various scenarios where the interpretation of release data using dialysis can be either inaccurate or completely misleading. As shown in this study, consideration of the binding affinity of the drug to the nanoparticles, appropriate control experiments, and suitable mechanism-based mathematical treatment of the data should aid in the judicious use of the dialysis method for determination of the release kinetics from nanoparticles [143].

The dual barrier nature inherent in the dynamic dialysis method complicates data interpretation and may lead to incorrect conclusions regarding nanoparticle release half-lives. Although the need to consider the barrier properties of the dialysis membrane has long been recognized, there is an insufficient quantitative appreciation for the role of the driving force for drug transport across that membrane. Reversible Nano carrier binding of the released drug reduces the driving force for drug transport across the dialysis membrane leading to a slower overall apparent release rate [144]. This may lead to the conclusion that a given nanoparticle system will provide a sustained release *in-vivo*. However, this not always true.

Although the equilibrium dialysis method can achieve separation of nanoparticles from the surrounding solution, this method can produce misleading *in-vitro* release data. To date, no standardized technique for the assessment of drug release from Nano medicines has been issued by regulatory authorities. In view of the shortcomings of dialysis methods, pressure ultrafiltration has been proposed as an alternative dialysis method that can produce a release profile that is representative of the true distribution of the drug between the nanoparticle and the dispersing medium at any point in time [145].

A potential issue associated with the use of any of the physical separation methods is that the separation may be incomplete or inefficient. It is impossible to visually detect the presence of a small number of nanoparticles present in the filtrate or supernatant of a separated sample. However, their presence is likely to lead to significant measurement errors, particularly early in the release timescale when the concentration of drug in the carrier particles is high relative to that free in solution. The application of such separation methods is frequently reported in the drug delivery literature, however to our knowledge there has been no method proposed to validate the efficiency of separation of nanoparticles from the surrounding medium in which they are dispersed to produce a 'clean' sample of unbound drug. The human body is able to adapt to a little inefficiency between nanoparticles and surrounding medium because a research showed that a large amount of PLGA nanoparticles were present in the kidney and liver, without causing any morphological changes in respective tissues, even at a high dose of PLGA. This emphasizes the fact that PLGA nanoparticles are safe in the kidney and liver when they are used to deliver any incorporated drug [146].

The US-FDA has also recommended it as nontoxic and safe for human use. There is no report of its toxic effect on the kidney and liver [147]. This is consistent with the results from this study. PLGA polymer impacted the lowest amount of toxic effect on cord blood cells, followed by SC-514-PLGA-NF- $\kappa$ BAb, SC-514-PLGA-Fat, SC-514-PLGA, and then free SC-514 (Figure 16 and Figure 17). PLGA enhanced therapeutic potency even at low concentration of SC-514 drug released.

*In-vivo* treatment of PC-3 cells in a mouse model with SC-514-PLGA-NF- $\kappa$ BAb will potentially support the site-specific drug delivery ability of the formulation and therapeutic potential of formulated Nano carriers in the treatment of NF- $\kappa$ B -overexpressed prostate cancers. In this study, antibody-conjugated SC-514-loaded PLGA nanoparticles showed a promise in improving the tumor site-specific delivery of the drug with a significant reduction of drug-related toxicity (Figure 16 and Figure 17). SC-514-PLGA showed therapeutic improvement over free-SC-514, SC-514-PLGA-NF- $\kappa$ BAb and SC-514-PLGA-Fat on the first day of drug release to PC-3 prostate cancer cells (Figure 18 and Figure 19). However, SC-514 drug release from SC-514-PLGA-NF- $\kappa$ BAb and SC-514-PLGA-Fat may be advantageous for prolonged and sustained drug release needed to reduce MDR in prostate cancer. Hence, SC-514-PLGA-Fat or SC-514-PLGA-NF- $\kappa$ BAb could be a preferential choice to deliver SC-514 drug more specifically in MDR-overexpressed prostate cancer cells.

During the first 7 days of cumulative drug release, free SC-514 had lower toxicity (most likely because of low solubility) than SC-514-PLGA-NF- $\kappa$ BAb. However, after 7 days the toxicity of free SC-514 was higher than the toxicity of SC-514-PLGA-NF- $\kappa$ BAb (Figure 17). This is consistent with the results from our previous study that indicated higher anti-cancer activities for SC-514 at high concentrations [46].

The evaluation of the side effects of the nanoparticle systems compared to the free SC-514 may indicate apparent similar side effects based on cell viability study with cord blood cells (Figure 16 and Figure 17). However, a prolonged sustained release of SC-514 drug from SC-514-PLGA, SC-514-PLGA-NF- $\kappa$ BAb and SC-514-PLGA-Fat has therapeutic advantage to overcome MDR in prostate cancer. Specifically, PLGA-3-BPA + SC-514 nanoparticle treatment reduced the number of MDR PC-3 cells and MDR DU-145 cells significantly when compared to SC-514 and 3-BPA +SC-514 treatments.

The nanoparticle formulations have the potential to preferentially deliver SC-514 drug to the tumorigenic cells, causing reduction of SC-514 mediated toxicity due to its more site-specific distribution of drug to the target site. Further, due to sustained and controlled drug release from the formulation, much less free drug will reach the heart and other parts of body tissue to cause cardiac toxicity and systemic toxicity respectively. Thus, this formulation may offer future hope to deliver the drug to the target cancer tissue and minimize toxicity of the drug to normal tissue. However, the major limitation of this antibody-conjugated formulation such as SC-514-PLGA-NF- $\kappa$ BAb is the saturation of cell surface target protein (antigen). Once the surface antigen proteins are saturated, the formulation would not be able to target the neoplastic cells only and prolong presence without its distribution in neoplastic cells, which may affect normal prostate cells [115].

Thus, the dose of SC-514-PLGA-NF- $\kappa$ BAb nanoparticle should be optimized before administration of formulation *in-vivo*. Hence, further studies including animal model studies and clinical trials are needed to optimize the dose of SC-514 in human subjects and to investigate the clinical efficacy of the formulation in the human prostate cancer patients. Efficient quantification of SC-514 drug could support optimization of SC-514 drug release for *in-vitro* and





*in-vivo* studies. In this study, high-performance liquid chromatography (HPLC), LC/mass spectrometry (MS) and LC/tandem mass spectrometry (MS/MS) were utilized as the standard method to quantify SC-514 drug released from SC-514-PLGA nanoparticles. HPLC and LC/MS have been widely used for biomedical analyses, in which chemical derivatization (a technique used in chemistry which converts a chemical compound into a product of similar chemical structure) is one of the most important methods to increase sensitivity and selectivity [148,149].

LC-MS/MS offers improved levels of accuracy and reproducibility over traditional methods. LC-MS/MS has emerged as the latest technology utilized for drug release studies. However, this technology is not readily available to most researchers [150]. There is a need to investigate new methods for drug release studies. In this study, we investigated the use of other methods such as colony forming assay, transwell invasion and migration assay, and wound healing assay as alternative methods for drug release studies.

During the transwell assay, necessary precaution was taken to avoid washing off fixed cells from the membrane. The cell dilutions were worked out and the dishes were labeled appropriately. The experiment was conducted continuously to limit the total time, preventing adverse effects of pH and temperature changes. It is important to note that there are distinct differences between the transwell cell migration and the transwell cell invasion assays. The transwell cell migration assay measures the chemotactic capability of cells toward a chemo-attractant. The transwell cell invasion assay, however, measures both cell chemo taxis and the invasion of cells through extracellular matrix, a process that is commonly found in prostate cancer metastasis. In this study we utilized both transwell cell migration and invasion assay as an alternative method for LC/MS. The number of PC-3 cells that migrated was counted manually using a counter. Other studies utilized I-AbACUS, a software tool specifically designed to aid the analysis of the transwell assays that automatically and specifically recognized cells in images of stained membranes and provided the user with a suggested cell count.

Comparison between I-AbACUS and the standard technique for analysis of the transwell assay indicated that the manual count had an average error below 10%. Although transwell and invasion migration assay, colony forming assay, and wound healing assay are techniques that have been used extensively in multiple research studies [151-154]. This current study is the first study that explored transwell and invasion migration assay, colony forming assay, and wound healing assay as a method of quantifying drug release.

The three alternative methods of quantifying SC-514 drug released from SC-514-PLGA nanoparticles discussed above did not show burst release like the LC-MS method. The LC-MS method consistently indicated the highest cumulative SC-514 drug released (Figure 3). The pattern of drug release was similar for all the three alternative methods without burst release (wound healing assay, colony forming assay, and transwell migration and invasion assays). The wound assay consistently indicated higher level of cumulative release compared to colony assay method and transwell method. Between day 9 and day 23 of drug release, there was a clear difference between the cumulative release levels of the three alternative methods: the highest release was observed in the wound assay method, followed by the colony assay then the transwell assay (Figure 3).

Dissolution of a drug is the rate determining step for oral absorption of the poorly water-soluble drugs and solubility is the basic requirement for the absorption of the drug. A proper selection of solubility enhancement method is the key to ensure the goals of a good formulation like good oral bioavailability, reduce dosage frequency and better patient compliance combined with a low cost

of production. Selection of methods for solubility enhancement depends upon drug characteristics like solubility, chemical nature, melting point, absorption site, physical nature, pharmacokinetic behavior, dosage form requirement like tablet or capsule formulation, strength, immediate, or modified release, and regulatory requirements like maximum daily dose of any excipients and/or drug, approved excipients, and analytical accuracy [45].

although a reported study indicated that endocytosis of nanoparticles in primary cultured RCECs occurred mostly independent of clathrin- and caveolin-1-mediated pathways, other proteins maybe involved in the endocytosis of PLGA nanoparticles in the PC-3 cells and cord blood cells. The internalization of poly (dl-lactide-co-glycolide, PLGA) nanoparticles in prostate cancer cells occurred by an endocytic process, regulated by availability of energy [138]. Inhibition of ATP energy in prostate cancer cells is expected to regulate the internalization of PLGA nanoparticles by the cells. Fluorescent cell uptake corroborated the receptor mediated endocytosis pathway, indicating the role of adenosine receptors in internalization of conjugated particles. This internalization was observed under confocal microscopy (Nikon A1R Confocal System w/SIM).

The higher uptake of the nanoparticles by prostate cancer cells than cord blood cells was confirmed with confocal microscopy (Figure 12). Cellular uptake of SC-514 was time dependent and occurred potentially via endocytosis mechanism. This study tested prostate cancer cells *in-vitro* with traditional free SC-514 in comparison with poly lactic co-glycolic acid nanoparticles carrying SC-514 (SC-514-PLGA, SC-514-PLGA-NF- $\kappa$ BAb, and SC-514-PLGA-Fat).

Although, PLGA was conjugated with encapsulating parthenolide, a NF- $\kappa$ B inhibitor, in order to improve the selectivity and targeting of cancer cells while protecting the normal cells [155], this current study appears to be the first study to functionalize the surface of PLGA with NF- $\kappa$ B antibody or fats.

There is a high probability that NF- $\kappa$ B-conjugated PLGA nanoparticles and fat-conjugated PLGA nanoparticles containing SC-514 preferentially delivered encapsulated SC-514 drug to the prostate cancer cells. This site-specific delivery of the formulation to neoplastic cells would have minimal toxic effect on normal cells such as prostate cells and white blood cells.

The ligand conjugated nanoparticles further showed considerable potential in reduction of toxicity, a prominent side-effect of the drug. Since conjugation increases the size of nanoparticles [156] and smaller particles with large surface area are more soluble than larger particles with smaller surface area [45] that means SC-514-PLGA-NF- $\kappa$ BAb and SC-514-PLGA-Fat nanoparticles will have a lower solubility than SC-514-PLGA because SC-514-PLGA- NF- $\kappa$ BAb and SC-514-PLGA-Fat nanoparticles were larger in size. The major consideration will be to determine whether increase solubility of SC-514 is more important than controlled prolonged drug release of SC-514 for multidrug resistance reduction in prostate cancer treatment.

Functionalized NPs reduce toxicity and side effects of drugs. Also, functionalize NP support crossing the biological barriers, such as the blood-brain barrier, and different cellular compartments, including the nucleus [157]. Functionalization enhances the properties and characteristics of nanoparticles through surface modification; and enables them to play a major role in the field of medicine. Nanoparticle drug delivery could be a promising new approach for personalized medicine. The optimized formulation was covalently conjugated to NF- $\kappa$ B antibody and fats and oils. Surface conjugation of the ligand was assessed by confocal microscopy. Selectivity and cytotoxicity of the experimental nanoparticles were tested on human prostate cancer and cord blood cells utilizing MTT



assay. The NF- $\kappa$ B -conjugated and unconjugated nanoparticles were examined under a confocal microscope. In this study, we utilized confocal microscopy to investigate functionalized nanoparticles. Other techniques have been employed to investigate the functionalized NPs, including exclusion chromatography (SEC).

The properties of PLGA carrier-cargo system and release might be strongly influenced by the combination of factors, including the individual properties of loaded compounds, surface modification of the nanoparticles, and microenvironment. Thus, it is unlikely that a single nanoparticle formulation will be identified that is universally effective for the delivery of different compounds. The performance of anti-cancer agents used in cancer diagnoses and therapies are improved by enhanced cellular internalization of smart Nano carriers and controlled drug release. In this study, SC-514-PLGA-NF- $\kappa$ BAb nanoparticles improved the bioavailability and selective targeting of prostate cancer cells compared to free SC-514, thus holding promise as a drug delivery system to improve the cure rate of prostate cancer.

## Conclusion

The results from this study will encourage the development of drug delivery systems for the local delivery of anti-cancer drugs. PLGA drug delivery system will be advantageous to decrease the concentration of administered SC-514 drug and the frequency of administration, and subsequently minimizing the adverse effects that are faced by prostate cancer patient during treatment. Findings from this study will contribute to the rational design of other drug delivery systems with high drug encapsulation efficiency and controlled release for treatment of various cancers.

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